

GTS Training Sessions: AUGUST 2009

Sun	Mon	Tue	Wed	Thu	Fri	Sat
						1
2	3 GTS 5:30pm	4 GTS 5:30pm	5 GTS 5:15am GTS 12:00pm GTS 6:00pm	6 GTS 6:00am GTS 5:00pm GTS 6:00pm	7 GTS 5:30 p.m	8
9	10 GTS 5:30pm	11 GTS 5:30pm	12 GTS 5:15am GTS 12:00pm GTS 6:00pm	13 GTS 6:00am GTS 5:00pm GTS 6:00pm	14 GTS 5:30 p.m	15
16	17 GTS 5:30pm	18 GTS 5:30 pm	19 GTS 5:15am GTS 12:00pm GTS 6:00pm	20 GTS 6:00am GTS 5:00pm GTS 6:00pm	21 GTS 5:30 p.m	22
23	24 GTS 5:30pm	25 GTS 5:30 pm	26 GTS 5:15am GTS 12:00pm GTS 6:00pm	27 GTS 6:00am GTS 5:00pm GTS 6:00pm	28 GTS 5:30 p.m	29
30	31 GTS 5:30pm					

Gravity Class Info:

Please register at the front desk prior to the class.

Staff member will assign a GTS Card.

Classes are purchased prior to class time.

Members:

1 class = \$15

5 classes = \$75

Non-Members:

1 class = \$20

5 classes = \$100

*If you need additional info ~ please don't hesitate to ask!



FIT LIFE
TRAINING CENTER

(The old La Plata Firehouse)
201 East Charles Street
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